



## How Self-Esteem Improves Your Business, Finances & Relationships

*The one critical shift that WILL change your results forever!*

Welcome everyone to our webinar training, "*How Self-Esteem Improves Your Business, Finances & Relationships.*" I am so passionate about this webinar because I studied self esteem for two year and will never forgot the transformation that happened in me through studying every aspect of self esteem from many experts and remember getting to a point in my life when people continued to tell me that there was something different about me and it permeated into many aspects of my life. Everything changed! I remember feeling this confidence and frankly greater fulfillment in my life. My hope and prayer is that your life will change through your participation in our webinar.

Let's move right into it...

Most people are under the illusion that the "how to's" are the road to success, but unfortunately if the "how to's" were all the answers, everyone would be successful. Most people believe that success derives from what we do, but the truth is success derives from **who you are**. For example, you can't buy discipline, determination, focus or decisiveness. All of which that stem from a confident esteemed person.

Many of you are sabotaging your success or potential success and you're looking for something outside of you for your answers instead of zeroing in on the changes that you must make within your spirit, mind, and feelings that will change your external results. When you learn what's truly important to you and make choices that have you feel empowered, the ideal situations, ideal resources and ideal people will find you.

When you choose to care more about how you feel and your choices, instead of what is happening externally and choose thoughts that make you feel happy and empowered, you will develop patterns of thought that will eventually bring your desires into fruition. Why? Because you're choosing to focus on what you can control instead of what you're experiencing, meaning your outcome.

You can't control an outcome. When you focus on an outcome you feel powerless, and when you focus on what you *can* control you feel *powerful*. When you focus on good feeling thoughts you become powerful and you believe in yourself and naturally take actions based on what you can control. It's through that process you realize that your value is not in the outcome or the achievement, your value is in what you can generate in the moment; your ability to think the highest thought and the power to make decisions that are in your realm of control. When that becomes your

greatest focus (making empowered choices), and it becomes a habit, anything you truly want will eventually come to be. Your relationships will change, your business will change and your finances will change! It's simply law! When you shift, life will shift! That's our conversation during our training. Let's nail this!

How do you really feel about what you see in the mirror? How do you really feel about yourself? Do you like who you are? Do you love who you are? Our journey is to identify what esteem really means to you and how to make choices that build your confidence and make you feel powerful. Through this experience you'll learn how to identify what you want to change about yourself and identify beliefs that have immobilized and prevented you from experiencing the joy and peace you deserve. Believe it or not, many of your false beliefs about yourself are fabrications you've made up through the various experiences that have played out over and over again in your past. They're broken records and it's time to become aware of those beliefs, identify your story and put them to rest once and for all.

This is a deep subject and I'll take you through a process during our webinar that may ignite some not so good feelings. You might become emotional. I invite you to stay with it. If you choose to dive into those emotions you may identify a belief, habit or continuous thought that's holding you back in a certain aspect of your life and when you become aware of it, that's when the breakthrough can happen.

We are giving away gifts from our Lifeline Mall for leaving your greatest takeaway on my Facebook wall. It's simple, visit [www.Facebook.com/SteveWiltshireLifeline](http://www.Facebook.com/SteveWiltshireLifeline) and share your greatest takeaway from our training. I will also answer any questions you have following our webinar. Any question goes whether it pertains to the training or your business.

A special welcome to all of our [Protégé Gold members](#) joining our webinar! For those of you who don't know what our Gold Program is it's a community of individuals from many different Direct Sales and Network Marketing Companies that I have the opportunity to coach, train and support. I am amazed at what you've achieved and am wow'd by your consistent high sales and recruiting results but more importantly the empowering decisions you're making in your life! Outstanding job! I was in the industry for 19 years and built a \$19 million a year business and although things have changed, I'm grateful to my clients and Gold members for taking my principles and practices and keeping them alive. I'm so honored to be on this path with you.

Ok, let's do this. During our first section, we'll look at what self-esteem means to you and how your awareness of self-esteem can transform you and substantially increase your quality of life.

In our second section, we'll discuss self-esteem and your core values and look at the choices you make that empower you or make you feel powerless. You will learn how to implement practices that keep you aware so you can make empowering choices that will cause you to feel better about yourself and honor your values.

In our third and fourth section, we'll travel into your relationships and finances and discover how confident you feel about the areas of your life that matter most to you and what you can do to

improve your relationships and your financial wellness. This exercise will blow you away. We'll end our webinar by looking at how your self-esteem affects the results in your business. I'll show you how to challenge the old behaviors that have blocked success from flowing into your life.

## **Section 1 "What self-esteem really means to you"**

The image you currently have of yourself probably springs from your childhood and for some of you, the guilt, fear, criticism and resentment you might have experienced as a child. Or the opposite: the empowerment, inspiration, honesty and encouragement you experienced.

In order to begin the process of building your self-esteem or enhancing what you have, you must honestly confront your feelings and emotions. And believe me, it's not easy. It's a time consuming process, but think of it as an investment in yourself.

The best investment you can ever make is the investment you make in yourself. There's this thinking in our society that you should put yourself first and although there's several schools of thought around this subject, the greatest inquiry to ask yourself is, "Who am I at my best and what truly brings me vitality?"

When you love who you are, you attract an ideal life and become a gift to humanity. Why? Because you're authentic and you're modeling that. Everybody witnesses it. It's a gift. When you increase your self-esteem everyone around you will benefit, especially your family and friends. Your quest is to become the greatest version of yourself and you can't become the greatest version of yourself when you're constantly spending time over there helping and doing for others. Most people want to see themselves in the best possible light and think that it's selfish to spend time on their life but the reality is they're ignoring what they know they need to change and it's easier to just focus on other people.

If you're questioning that statement, just ask yourself these questions? *"On a scale of 1 - 10, one being low, truly, how fulfilled am I with my health, body, relationships and finances."* This might shock you! Many people try to get their self-esteem through giving to others and when you do that, it can cost you more than you can imagine. Service is the highest activity to which we can aspire however when you're having victim thoughts or feeling resentful, you're ignoring what's deep down important to you and not being honest about your needs. This is where self-esteem comes in. When you make empowering decisions, you feel fulfilled and when you're fulfilled you feel confident and feel this amplified state of vitality even if you've been working toward a goal. You might be tired but it's a really good tired feeling. You love how you feel about yourself.

**Your first assignment** is to discover what self-esteem means to you. It's an amazing process to write about this subject and realize where and how self-esteem does and does not show up in your life.

I have just finished an entire course that I've created for our Gold members. In fact, I just need to finish the last recording and during this course I write about what self-esteem really means to me and decided I wanted to share this with you. My hope and prayer is that you will envision your definition of esteem, take the time to write it and grow into it.

For me, self-esteem means loving and valuing myself through the good times and the challenging times. Self-esteem means that I accept myself as I am, through my successes and shortcomings, through my failures and achievements, my empowering and not so empowering choices, and my healthy thoughts and unhealthy thoughts. For me, self-esteem is accepting what *is*. It is taking on the learning in each and every situation, even when my choices didn't meet my expectations or when I experienced an overwhelming sense of appreciation for the choices I made in a particular situation.

For me, self-esteem is having the courage to follow my dreams and aspirations even though it may not be easy. It's honoring my values even when I'm being judged by another person and choosing to accept them for who they are without judgment.

Self-esteem is saying yes to a vision I have for my life without knowing how I will make it happen, but instead trusting myself and God enough to know that the guidance will be there. It's realizing that my role is to partner with that vision by pursuing my desires and stepping into action. It's trusting the process and realizing that I don't need to know the entire plan, instead be the catalyst by investing in education, asking for support, allowing myself to experience life lessons and staying anchored to my commitment.

It's having faith, taking action and knowing I will become a stronger person regardless of the outcome.

Self-esteem is having integrity with yourself and others. It's being of your word and noticing when you're not and learning from it. It's acknowledging your short comings or challenges without defensiveness or criticism from self. Self-esteem is acknowledging your inability to meet another's expectation, realizing what you are and are not capable of and then partnering with them to find the solution that supports both of you.

Self-esteem is your willingness to be honest with yourself, as painful as it might be, and accept that the life you're presently experiencing is based on the choices you've made in the past. It's taking responsibility for your choices. Self-esteem is honoring your existence, being in a place of gratitude and trusting the process.

**FIRST ASSIGNMENT:** What's does self-esteem mean to you? What's your definition of self-esteem? Refer to my example as a guide.

## **SECTION 2: SELF-ESTEEM, YOUR VALUES AND YOUR INNER CRITIC**

What is a value? A value is intrinsic to who you are. Values define what you need in your life to be deeply fulfilled. A value is something you need, want, and have to have in order to make you smile, relax, feel loved, feel fulfilled and feel like life is worth living. Your values are a list of words that identify what will pull you out of bed each morning and light you up.

Often people confuse values with morals or ethics, or think values consist of what *they* value, such as God, their spouse and their children. Values are really words that express what's important to you.

Here are a few of my values:

1. Quality: Quality in all realms of my life such as relationships, my body, my work and my environment.
2. Self-expression: How I express myself through my work and most importantly, my relationships.
3. Integrity with self, example to others. (Deep down I know I have energy and vitality when I make the decision that I believe is best for my life, what is truly important to me and that I'm an example to others).
4. Achievement/accomplishments.
5. Emotional, spiritual and physical health.

Here's what's interesting about values. You know when something is a true value because your first thought is, *"doesn't everyone want that?"* And then you realize, wow, I guess others don't think the way I do! When we understand our values and the universal truth that our values all differ, we actually become less judgmental of others.

Do you know what the opposite of your values is? The opposite of your values is your inner critic, lower self or enemy. As a keeper of the status quo, your inner critic gets up in arms about all that change and fulfillment stuff. The gremlin is your assumptions, your doubts, your past behaviors and your lies. When our inner critic is running the show, you feel immobilized, fearful, confused—and that's when you lose your esteem.

Your values and your inner critic live in the same world—they co-exist.

When we are living by our values we experience more fulfillment, joy and vitality and we feel good about life! And when we're not living by our values we feel drained, confused, frustrated and fatigued. It's the first sign of the inner critic, and for most of us, we don't even recognize that the inner critic is present. Why? Because the inner critic is your negative thinking, your lower thoughts you allow in your head. Most often we aren't even aware of the condition of our thinking however when we become aware of how we feel and honor our feelings, we have the option of making empowering decisions that support our well-being.

Your inner critic warns you of danger, lies and self-deception. Your inner critic knows your past, your adversities and deepest fears. Your esteem is determined by how you view your inner critic. Your inner critic says, *"Eat that, smoke that or drink a lot of that because it's going to make you feel good or... way to go stupid, there you go again!"*

When you're aware of your inner critic, your true self says, *"Don't go there,"* or *"There are no mistakes, only lessons, and I'm committed to the learning!"* Your inner critic allows you to see your lower self, and when you're aware and stay in that moment, you have the opportunity to make the highest choice that honors your values, even if it's incredibly difficult. Your inner critic reminds you of all

your past mistakes, giving you the option to focus on the learning in every situation and think the highest thought, or spiral downward to a place of doubt and insecurity.

Your inner critic is so subtle that you might often actually be in a place of denial or simply unaware of your present thought until you access the feelings and distinguish the dialog that's really going on in your head. Your inner critic is like electricity; it's not really good or bad. It's how you interpret the information and how you choose to apply it. There's really no such thing as bad electricity or good electricity. It can light up a city or electrocute a person.

How do we transform our life? Whether it's an intention we have for our health, our career, our marriage or our finances, we must take responsibility by becoming aware of what we're currently experiencing. We must ask ourselves, *"Is this what I really want? Do I want to accept this or do I want something else?"*

If we know it's something that is unhealthy for us or really doesn't work in our present life, esteem might be accepting it, relinquishing self-judgment and recommitting to a future healthy choice.

If it's something we know that's really important to us and ignites our passion, self-esteem would show up in the form of action (research, education, learn, practice), and then taking action one step at a time.

How do we act? We design an action plan of some kind that becomes the blueprint for success that we repeat over and over again. In relation to the subject, *"How self-esteem shows up in your values and your inner critic,"* the practice is simply witnessing your feelings and then forming words that describe how you feel. It's similar to watching a movie and knowing the character has a choice. It becomes impersonal to you, and by experiencing your feelings, your thoughts, and the possible options, you're able to make the choice that makes you feel powerful.

Most often when you feel good, you're in a place of esteem. You're making empowering decisions, unless it's a synthetic altered state (or when you know that you desire something and moving toward it will have you feel empowered). It is a stretch and a challenge, but you're committed to get through the pain, knowing that you'll feel better about yourself in the end. Too often, we wait to feel good before taking action instead of taking action and *then* feeling good. For example, I never get excited about running three miles or running on a cardio machine, but I know I'll feel great after I'm done. The power began with the decision to take action, even when I really didn't want to. That decision makes me feel powerful.

Usually it's when you notice you're uneasy about something and you ask yourself, "What choice will make me feel esteemed (or powerful) right now?" Then you make the choice that honors what's really important to you. That's when you'll feel powerful and evolve how you feel about yourself.

Let's get honest about the times we experience those spiraling downward emotions that take us by the throat and cause us to feel totally disempowered. During these times, we definitely don't like ourselves. Come on, we've all experienced that at some time or another and if you haven't, you've got one strong inner critic that allows you to think you're better than anyone else thinks you are.



How often do we make a choice that doesn't feel good? We punish ourselves, we judge ourselves and then feel insecure, inadequate and worthless. How's that working for you? Is that esteem? What might esteem look like in these particular situations?

I don't know about you, but I spent several years in guilt about some of the choices I had made and I suffered immensely for it and so did everyone around me. During those dark times of self-judgment, I learned to go to a mirror and say, *"Okay Steve, you made a choice that doesn't make you feel empowered. I'm choosing to love myself through the process. It's okay Steve! Come on buddy, what's the learning in all of this?"*

**SECOND ASSIGNMENT:** Your next assignment is to place 5 x 7 cards in the places where you spend the most time, perhaps somewhere in your kitchen, office, car or your datebook.

When you're feeling any diminishing feelings or questioning yourself, I invite you to challenge yourself to go through the following process.

Simply write *"I'm taking responsibility for my life!"*

1. What am I feeling? What are my emotions?
2. Specifically about what?
3. What are my options or other perspectives?
4. What decisions will make me feel esteemed or empowered? Action!

### **SECTION 3 "How Self-esteem Relates to your Relationships"**

I want to invite you to play a game with me. In between now and the end of the webinar we'll explore the truth about how fulfilled you are in your relationships, finances, and career. Then we'll identify the acts of sabotage that are separating you from experience fulfillment and opportunities to improve your relationships, finances and business.

As we travel into these three areas identify your fulfillment level on a scale of 1 - 10 and then become aware of the choices that will cause you to feel confident, truly fulfilled and at peace. I want that for you! As we step into this exercise my invitation to you is to distinguish what's really true for you and to identify when you're comparing or measuring instead of keeping the focus on you and what's truly important to you.

We'll begin with relationships, then finances and we'll end our webinar with an entire section on how your esteem affects your career and the one critical shift you can make that WILL change your results forever! Most people really believe the answer is to find the new job, get divorced and find a new person or if I only had \$2,000 dollars a month everything would be different. That's not the solution. Most often they experience the same issues in another environment or relationship. It's the story of all the individuals that won the lottery and eventually lost it all.

List your most important relationships and then ask yourself, "How fulfilled am I in this relationship on a scale of 1 - 10?"

If I were truly fulfilled with my most important relationships, how would I feel and what would I be experiencing?

What choices might I make that will cause me to feel esteemed?

What will I commit to?

I want to invite you to schedule time, review the transcript and do the work. If you want a breakthrough in your relationships, you must commit to action. You'll be amazed at how this will transform your relationships.

**THIRD ASSIGNMENT:** Answer the following questions:

1. On a scale of 1 to 10, how fulfilled am I with my most important relationships? *(You may want to list them individually.)*
2. If I were truly fulfilled with my most important relationships, how would I feel and what would I be experiencing?
3. What choices might I make that will cause me to feel esteemed?
4. What will I commit to?

In a moment we'll end our webinar with an entire section on how your esteem affects your career and the one critical shift you can make that WILL change your results forever!

I want to remind you that everything is in the transcript. I'll lead you to the transcript at the end of the webinar. I want to invite everyone to share your takeaways on my Facebook business page at [www.Facebook.com/SteveWiltshireLifeline](http://www.Facebook.com/SteveWiltshireLifeline). Also your comments and questions in the chat roll. I'll hang out with you up to an hour following our webinar to answer any questions about our webinar or struggle you're facing in your business. I'm here for you! Let's have a breakthrough.

#### **SECTION 4 "How Self-esteem Relates to your Finances**

On a scale of 1 to 10, how fulfilled are you with your finances; money, your income? How might your self-esteem support your financial wellness?

Are you clear about where you want to be financially in one year, three years or even ten years? How did you feel when I asked you those questions? Does it really matter to you? Do you think it should matter to you? Remember, it's your life and you get to decide what really matters to you!

How does esteem show up in the financial arena of your life?

Do you know where you are financially? Would you feel more esteemed if you did? What really matters to you in your financial arena?



Are you intimate with your money? Do you review your bank and credit card statements on a regular basis? Are you aware of where you spend your money? Does it matter to you? How do you feel about your spending habits?

Do you and your spouse communicate about your finances on a regular basis? What's important to you and what's going to make you feel confident right now in the financial area of your life? I can guarantee that your guilt or self-imposed judgment isn't a deposit in your esteem account. If you're at peace with your choices, whatever they are, you'll feel confident. If you're not at peace with your choices, what choices might you make that will cause you to feel confident?

Earlier I shared an exercise to implement when you experience a diminishing feeling or some sort of adversity. Ask yourself four questions. "What are emotions that describe how I feel? Specifically, about what? What are my options or other ways of viewing this? What choices will make me feel esteemed and/or empowered?"

Perhaps something like this: *"Wow, I'm aware that I don't feel good about my finances. I've been ignoring my finances. I'm not honest with myself and my spouse and we don't communicate about our finances. My thoughts are, "It's too much stress, it depresses me, it will all work out, and it's too difficult to deal with. My spouse puts all the responsibility on me. Wow, these thoughts aren't taking me where I want to go and I haven't been aware of this. How interesting! What are different ways of viewing this? I could take responsibility right now. What's another perspective? Ask my spouse for support and let him know that I want to design a financial plan, come up with a spending plan and commit to building my business. We could connect once a week to discuss our bills, our spending maximum for the week and to make decisions together. If I get clear about where we are and what we want, I would probably be more serious about my business. Okay, what are my options?"*

- Balance my bank accounts on a regular basis.
- Mastermind with my spouse about unnecessary expenditures and decrease our spending on recreation and things that aren't important.
- Have a clear idea of where we are financially and what we want, then design a strategy to take my business to the next level.
- Take responsibility right now and begin by dumping the guilt and the self-imposed judgment and give myself permission to move into this one step at a time.
- Get educated. Research ideal programs on how to increase my income in my business.
- I will have fun with this and see this as an opportunity and not a chore.

Your intent is to become a person that can make decisions in the moment that honor who you are and what you want to communicate to others; verbally and non-verbally.

Your measuring stick is your level of vitality. When you're in a state of vitality, it's your indicator that you're fulfilled. When you're fulfilled, it's evident that you're making empowering choices that are congruent with your values. In short, success happens when you are aware that you made an

empowering decision that had you feel confident. For example, maybe you didn't beat yourself up in a situation where you reacted and decided to humbly learn from that particular situation, or you noticed how you handled yourself in a situation where you made a choice that made you feel empowered. *"Wow, I love how I handled that! I want more of that!"*

When you make empowering choices, you'll feel confident. When you feel confident, you'll experience vitality. You might be thinking, "What does this have to do with my finances?" It's all in the same arena regardless if we're talking about your health, your finances or your relationships. You'll feel confident when you make empowering choices.

Let's say that you realized your financial situation is absolutely daunting. You've been ignoring your financial challenges, but by becoming aware of your situation and identifying perspectives that help you feel empowered, you'll gain the power to take action and achieve your ideal outcome.

When you feel empowered about your choices regarding your finances, or any area of your life, you will feel confident. When you feel a power leak or some kind of diminishing feeling ask yourself, "What decision will have me feel confident?" Make the decision that you refuse to go backwards with thoughts that make you feel powerless.

**FOURTH ASSIGNMENT:** Answer the following questions:

1. On a scale of 1 to 10, how fulfilled am I with my finances?
2. If I were truly fulfilled with my finances, how would I feel and what would I achieve?
3. What choices might I make that will cause me to feel esteemed about my finances?
4. What will I commit to?

## **SECTION FIVE: SELF-ESTEEM AND YOUR BUSINESS**

What was your original reason for beginning your business? How did you feel when you began your business? Were you excited? Most of us didn't begin our businesses because we had to. There was obviously a value you wanted to experience.

What are your reasons for being in business now? If you could achieve and or experience anything your heart desires professionally, what would that be? This is where the work comes in; the separation between what your ego says it needs to be satisfied, and what your soul desires for you during your time on earth. This is where self-esteem choices shows up. It's discovering your truth. It's looking at what you truly want to experience and what's holding you back from making it happen. The bottom line is deciding what you're willing to do, or not willing to do, in order to be fulfilled—that's esteem.

We live in a world where we often allow people, our community, or our own assumptions to think for us. Sometimes we believe we don't have the right answers instead of trusting ourselves and listening to our inner guidance. The Direct Sales Industry offers many opportunities for you to experience freedom, unlimited opportunity and abundance however, many direct sales representatives are easily influenced by others. They're continually comparing and measuring themselves to others or

assuming they need to make decisions that are important to their upline and company instead of making the decision that's important to them.

Ok, here it is: **the one critical shift you can make that WILL change your results forever!**

What might be possible if you chose to think for yourself and take ownership of what you're experiencing--whether it meets the standards of others or not? You can decide right now that you will make decisions that make you feel confident, esteemed and valuable. Realize right here and right now that the achievement, solution and victory cannot happen outside of you. The victory is all in how you feel about yourself and your decisions.

How does esteem show up in your business? Have you ever thought about it? Do you make decisions that are important to you, or are your decisions based on what others will think of you?

Do you hold back from giving others opportunities because you don't want to feel pushy? Do you give an average presentation because you don't want to be outgoing and gregarious? Do others experience the best of you--or the masked version that limits their experience?

Sometimes a self-esteem choice brings you a deep sense of pain; a good pain like a message, but definitely a temporary pain so you can experience growth and a greater version of yourself. It's the polarity of life. You will only experience the depth of pleasure based on your willingness to experience the depth of pain. You'll also realize a deep sense of gratitude and appreciation about yourself and your capacity when you choose to experience it. Your answers reside in you!

Do you know what you want to experience and achieve in your business? So often I hear, "I want to take a promotion. I want to earn a national award. I want to earn the next incentive trip or make \$100,000 a year." The big question is *why?*

Why do you want it? How will it change you? How will it make you feel? It's a good thing to want something, but it's a better thing to know that "the thing" you're striving for or choosing, whatever that might be, is in alignment with your core values.

So what might esteem look like in your business?

It's impossible to pinpoint where self-esteem might show up for each of you in your business, however I've created several perspectives to share with you that will guide you in becoming more aware of what's important to you presently in your business and what choices will have you feel empowered.

First perspective:

*I'm not where I want to be in my business and if I'm honest with myself, I don't really want to work for it either. I enjoy my business for what it is, I've been pressuring myself to do things I don't really want to do. I am choosing to accept where I'm at and will concentrate on enjoying my business for what it is and stay consistent by committing to...*

Is that you?

Second perspective:

*I've been making excuses about why I don't have time to build my business, when in reality, I've been disappointed with what I've experienced and have not achieved. I will eliminate those thoughts and accept what I'm presently experiencing with my business. I will make a decision as to what I really want, get the education that I need to make it happen and step into action.*

*I will look at the areas where I'm uncomfortable, uneducated and unproductive and spend time learning what I need to learn so I can get what I want. Is that you?*

Third perspective:

*I'm not confident with what I'm doing or most of the situations I'm in. I keep saying I want to be successful, but in truth, I'm not comfortable with certain aspects of the business. It's costing me my esteem, my self-respect and I sometimes feel that it will never change. I'm ready to shift to a greater belief in myself and make the changes that will take me where I want to go. Is this you?*

Fourth perspective:

*I feel like I'm always in a race. I'm in demand! I'm always racing from one thing to another and feel like I'm always doing what's best for everyone else. I'm am choosing to slow down, get clear about what I want and look seriously at the activities that fuel me and truly build my business around my values. I'm committed to designing strict boundaries around my business that will cause me to feel a greater sense of peace. I have been reactionary instead of responsive and that's why I'm experiencing what I'm experiencing.*

Is this you? What perspective is most like you?

Here is what I've witnessed through the thousands of clients I have worked with in my 15 years of coaching, many of which have been a guiding light in my life revealing the truth about our human potential.

When you become aware of your intentions, limitations, behaviors and beliefs, you have an intuitive insight that leads you to opportunities that support your deepest intentions. Opportunity is education, whether you find a resource, coach, course or program. Opportunity meets results when that education is congruent with your objectives and WHO you must become to attract your deepest intentions. Through education and acting on the education you will amplify your thoughts, creativity, confidence and faith.

**FIFTH ASSIGNMENT:**

Choose the perspective that best describes what you are presently feeling and experiencing in your business.

1. What are some of the reasons you chose this perspective? (GET SPECIFIC.)
2. What choices could you take now that would make you feel confident and fulfilled?
3. What will you commit to?
4. When will you take action?

I have something I want to share with you that changed my life from a book written by Marianne Williamson titled, "The Law of Divine Compensation on Work, Money and Miracles," but first I want to pause so Amy can lead you to the transcript and I want to invite you to share your takeaways on my business page and I will acknowledge you today or tomorrow.

[www.Facebook.com/SteveWiltshireLifeline](http://www.Facebook.com/SteveWiltshireLifeline). Also share your takeaway in the chat roll and any questions you have about this training, your business or a challenged that your faced with personally or professionally.

Love and Success,

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